NEURO BODYGYM

01 Start training mode

Activate
screen

Select user

Enter PIN

Select the menu item
"Training"

02 Select training session and begin

Select training program

Wie fühlen Sie sich?

How do you feel? Select a
number between 1 - 10

PROGRAMM STARTEN

Start program

Training wurde gestartet...
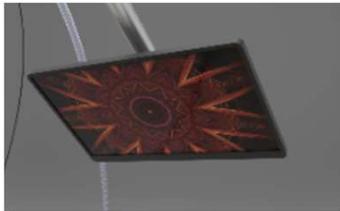
Bitte jetzt den Fingersensor (Pulsoximeter) anlegen

Training started

03 During the training session

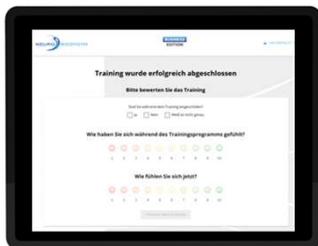There is nothing to do. Just relax and enjoy your session.

(i) Select "Abbrechen" to end your training session any time

✕ ABBRECHEN

(i) The control monitor displays the current simulation as well as some of your vitals. You don't have to pay attention to them now, as they will be available for inspection after your training session.

04 Terminate training session

In order to submit the training session please answer the following questions:

Sind Sie während dem Training eingeschlafen?
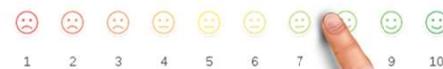
☐ Ja   ☐ Nein   ☐ Weiß es nicht genau

Did you fall asleep during the training session (yes / no / not sure)?

Wie haben Sie sich während des Trainingsprogramms gefühlt?

1 2 3 4 5 6 7   9 10

How did you feel during the training session (1-10)?

Wie fühlen Sie sich jetzt?

1 2 3 4 5 6 7   9 10

How do you feel now (1-10)?

Select "Training Abschließen" to submit your training session. ⚠

TRAINING ABSCHLIESSEN
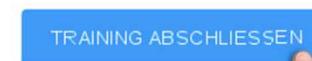
Now, select "Standby" on the bottom right to log out.

☾ STANDBY

Quickstart Wi-Fi setup

01 **Search Wi-Fi Network**

Activate
screen

Select the second button
from the bar

WLAN-Einrichtung starten

Abbrechen
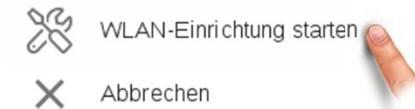
Select "WLAN Einrichtung starten"
(to start Wi-Fi setup)

02 **Select Wi-Fi network**

Bitte Netzwerk auswählen:

SK Home L (64%)

DIRECT-93-HP OfficeJet Pro 774 (24%)

ZUR ÜBERSICHT

Select network

Bitte Passwort eingeben:

Password

●●●●●●●●

LOGIN

ZUR ÜBERSICHT

Please enter your password and select login

Verbindungsaufbau zu WLAN-Netzwerk...

☑ Verbindungsaufbau zu WLAN-Netzwerk erfolgreich!

ZUR ÜBERSICHT

Wi-Fi setup successful

Additional Functions

NBG-Breath Test
Enables recording of breathing capacity through a breath-holding-test

Notifications
Personal notifications and information

Standby
Turns off the monitor and enables updates (recommended option after the training session)

Live Sessions and Trainer Mode
Available only upon consultation with NeuroBodyTech personnel

Status bar explanation

⏻	System ausschalten	< Shuts down the device
↻	System neustarten	< Restarts the device
✕	Abbrechen	< Cancel

☷	Hypoxikator online	< Connection status of O2 device
☐	LED im Standby: deaktiviert	< Lighting setup of O2 device
☑	LED während dem Training: aktiviert	
↻	Verbindung neu aufbauen	< Reconnect after error
✕	Abbrechen	< Cancel

📶	Verbunden mit: M 42 R	< Shows the connected Wi-Fi
🔑	WLAN-Qualität: 46%	< Shows Wi-Fi signal strength
🙂	Verbindungsgeschwindigkeit: sehr gut	< Internet speed
🛠	WLAN-Einrichtung starten	< Starts Wi-Fi assistant
✕	Abbrechen	< Cancel

✓	Alle Trainingsdaten synchronisiert	< Status of training updates
🔍	Nach Updates suchen (zuletzt vor ein paar Sekunden)	< Enables manual searching for updates
✕	Abbrechen	< Cancel

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Für Fragen und Hilfe: +49 86 24 / 89 17 69 - 0
support@neurobodygym.com

Geräte-ID: 9a88f

Device-ID and software version